



Gift Giving... Ahhh....Relief



Serenity Pathways 2008 Holiday Catalog

Now, you can breathe a sigh a relief....ahhhhh.....

Serenity Pathways Holiday Catalog has the solution for you!

- Various price points to fit your budget

- Time saving –an easy, quick way to shop without leaving your home or office

- Unique, meaningful and supportive gifts which make living in a busy world easier

Money back guarantee if you are not satisfied.

Access to downloadable version of the Soothing Soundpaths to Serenity Audio with any purchase!



Item

Description

Retail Price

CD and Download Audio Products



Listening to Gossamer Wings Free to just...Be is a comforting way, in only 13 minutes, for your special someone to feel soothed and uplifted despite all the changes in their outside world. This CD provides the listener with a place that feels safe, a place where time doesn't matter, and calms the chatter and thoughts that fill the listener's mind. Packaged for the first time with a small booklet, *The Story of Gossamer Wings, Ideas on How to Maximize Your Listening Experience*. **Our CD + booklet now only \$14.99**

Only \$14.99

[Click Here to Purchase Gossamer Wings CD and Booklet](#)



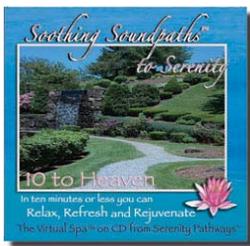
Soothing Soundpaths To Serenity CD
10 Minutes to Heaven and 303 Solutions for Accomplishing More in Less Time Book

Only \$19.98

The CD has light, short, unique tracks to give the listener just enough time to turn stress to serenity. All tracks less than 10 minutes. **The small, powerful red book of 303 Solutions** lets you quickly implement and easily to create more time, energy and space in your life. Great gifts for that busy woman on the run! **Holiday Special! CD and 303 Book (a \$ 34.93 value) for only \$19.98**

Our gift book for free! (a savings of \$14.95)

[Click Here to Purchase Soothing Soundpaths CD and 303 Solution Book](#)



Soothing Soundpaths™ To Serenity CD: Downloadable Version.

Only \$9.98

Great to take with you on your MP3 Player! Great gift for that busy woman on the go who loves her iPod and a way (in just 10 minutes or less) to get a few minutes of calm, breathing room. 10 Minutes to Heaven. These eight short tracks allow you to turn stress to serenity, in the moment, in less than 10 minutes. We are happy to send a gift card by mail to you along with providing the download link.

Holiday catalog savings of \$2.00

[Click Here to Purchase Soothing Soundpaths - The Download Version](#)



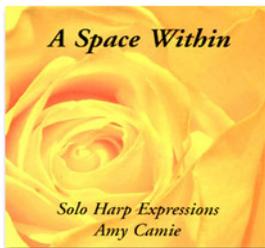
**"New Love Awaken To Yourself"
Amy Camie CD**

Only \$20.00

Beautiful Harp music that has been shown to create the relaxation response in only 10 minutes. There have been many testimonials from freeing of physical pain to creating calm with children and animals.

A wonderful gift for only \$20.00

[Click Here to Purchase New Love CD](#)

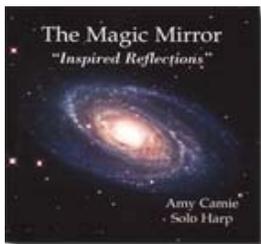


**"A Space Within"
Amy Camie**

Only \$20.00

The 13 tracks of this original 62 minute CD are feelings... no words... no titles... just expressions from a Space Within. As you listen, let yourself imagine... play like a child. If thoughts and ideas come to you, express them... create your own titles... write your own words... draw your own pictures... dance your own dance... it's all a beautiful expression of your connection to your Space Within. **Only \$20.00**

[Click Here to Purchase A Space Within CD](#)

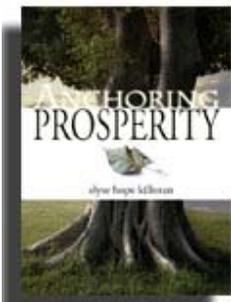


"The Magic Mirror CD" by Amy Camie

Only \$20.00

... was in a pilot study research that has shown this 23 min. solo harp CD had a direct, positive impact on neurological functioning in small group of women undergoing treatment for cancer. They reported "improved concentration and focus," "feeling better," and "more relaxed." This CD is a wonderful gift for anyone overwhelmed, stressed ill or in cancer treatment. **Only \$20.00**

[Click Here to Purchase The Magic Mirror CD](#)



"Anchoring Prosperity" CD

Only \$18.95

"In all my years of studying techniques to support the creation of prosperity, it has become clear to me that the most valuable tools we can have in our 'prosperity toolkits' are those that enable us to internalize prosperity truths within our mind, body. These three guided energy processes are remarkably different and fit together like the pieces of a puzzle. Use them separately-or together-to catalyze your own 'inside-out' transformation." Elyse Killoran, President of Prosperity From the Inside Out. *"Elyse's Anchoring Prosperity CD is truly powerful beyond words. This audio will impact you in a very positive and abundant way. I suggest you make this a part of your daily habits... every single day...and then watch your life expand into peace, opulence and bliss."*

Peggy McColl, Author of top-selling 'On Being The Creator of Your Destiny' and the Audio CD. Regular Price \$24.95 **Holiday savings of \$6.00**

[Click Here to Purchase the Anchoring Prosperity CD](#)



The Five Lost Secrets To Attracting Love CD by Catherine Behan.

Only \$9.97

Why can't I meet someone? Why am I so lonely? If you long to be cherished and can't find a man that makes you feel that way, or if you know someone who is spinning their wheels in the romance department, you will love this CD. After all, you would have created a lasting love if you only knew how, wouldn't you? This CD will show you why you are still longing for love and better yet, give you a simple five-step plan for getting on the road to romance. Bonuses: 1. Free mp3 recording of a Raise Your Love Set Point Workshop 2. One on one complimentary consultation with Catherine Behan 3. One disc donated to support Women in Recovery for every disc sold. (Total bonus value of \$375)

[Click Here to Purchase The Five Lost Secrets to Attracting Love CD](#)



How to Stay Present With Your Child: 10 Easy Ways to Create a Lasting Connection (Available in download or CD format)

Cost for downloadable mp3

By Tami K. Gulland, Family Coach

Only \$24.97

Do you often find yourself emotionally thrown off balance by your child's behavior, but long to create sustainable feelings of love and harmony instead? Do you have a deep desire to truly connect with your child, yet at the end of the day feel badly you didn't? Are you silently concerned your child may go down the wrong path? In this 1-hour audio program, you will quickly gain holistic insights and tips on how to easily deepen and enhance your relationship with your child, even if you are really busy. Learn how you can safeguard your child's future and feel good about yourself as a parent!

Cost for CD hard copy mailed to your door

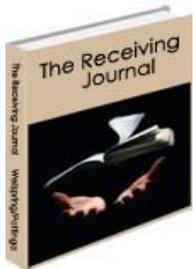
Only \$29.97

"Within hours of listening to the How to Stay Present with Your Child: 10 Easy Ways to Create a Lasting Connection audio program, I noticed an increased feeling of connection with my child. Instead of doing something else at the same time as playing a board game together, I was just enjoying the time with him. The audio has been most valuable for me and served as powerful reminder of how I impact my family." -

Sara, Madison WI

[Click Here to Purchase Downloadable Version of How To Stay Present...](#)

[Click Here to Purchase CD Version of How To Stay Present...](#)



The Receiving Journal E-book from Max Wellspring and Ursula Pottinga

Only \$14.95

Do you know someone who keeps a gratitude journal? This amazing gift illustrates the value of keeping a gratitude journal but takes it a step further. When you record what you have received and subsequently let into your life whatever has happened with grace and appreciation, you build trust in the way the Universal Laws act on your behalf. You discover that everything is working for the good. A gift certificate mailed to you (or your gift recipient) will give the link for downloading the journal.

Created with creative and loving energy by master coaches Max Wellspring and Ursula Pottinga

[Click Here to Purchase The Receiving Journal EBook](#)



The Healing Bowl is a beautiful gift that will uplift that special person struggling with physical or emotional challenges. The Healing Bowl set is hand-thrown stoneware bowl, glazed in a deep, healing blue with a silver edge. Each Healing bowl is individually charged with a purposeful, healing, Reiki energy before it is packaged. This Universal Life Force energy stays with the bowl to increase its healing ability. Each bowl then holds a smooth glass heart, and a scroll inscribed with encouraging words and held by a beaded wire wrap. The Healing Bowl set is wrapped in a blue crushed velvet drawstring bag, and comes with a poem card that may be signed when given as a gift. *"Thank this is the one of the best and most thoughtful gifts I have ever received. It helped me on my healing journey."* Kelly P. Texas **Usually \$49.95 holiday catalog pricing of \$39.95 -- a savings of \$10.**

Only \$39.95

[Click Here to Purchase The Healing Bowl](#)



Elegant Fan and Bath Tea Bag Set

"Plunge boldly into the thick of life." - Goethe

This fan is an unusual and perfect gift, giving that special person permission to just be themselves. The fans are 8-1/2" and fold out to about 17", boxed in an elegant satin lamination box, nestled in a bed of black satin. **Wood stand not included.** After being in the thick of life this bath tea bag put in a warm bath or foot soak helps to relax, unwind, destress and enjoy an all-natural blend of Dead Sea salts, skin softening essential oils, and botanicals. Only \$13.99 (Fan regularly priced at \$12.95 + Bath Soak regularly price at \$4.99.) **Holiday Catalog Savings of \$4.00 (Salts for \$1.00)**

Only \$13.99

[Click Here to Purchase The Elegant Fan and Bath Tea Bag Set](#)



The Finger Labyrinth Includes small finger labyrinth on 8in x 9in duckcloth with stone and easy directions. Find peace of mind, focus, relax or answers to your questions...walk the labyrinth. A labyrinth brings a sense of calm, peace and balance to your mind, body and soul. People use labyrinths to become more focused, relieve stress, and connect "to something higher than themselves"; what many call God. Research done using labyrinths shows blood pressure and heart rate stabilizes. Participants reported, on rating scales, increased scores in hope and happiness after labvrinths.

Only \$11.88

[Click Here to Purchase The Finger Labyrinth](#)



Natural Path to Happiness E-Course by Bonnie Snyder
Would you like to inspire and uplift that special someone (this is a great gift from a group of friends) or do you know someone looking for happiness but it seems to elude them? The **Natural Path to Happiness© E-Course** (on CD also) is the perfect gift. The Natural Path to Happiness© self-guided modules **guide the reader to to the secrets of true happiness and well-being** in eight easy steps with short, simple, practical techniques that guide you on the Natural Path to Happiness right now. Also included are self-assessment tools that help you tap into your own rich inventory of personal strengths and gifts. E-course modules are emailed once a week for eight weeks with a happiness pointers during the week. **Usually \$149.00, this holiday offer includes a three-month membership in The Virtual Spa®** (there will be activites in the spa for you), a \$58 value. Also included for this holiday season, is the bonus gift of the **Gossamer Wings CD**. **F*ree once a month group coaching for Natural Path to Happiness participants. All classes will start at the beginning of January.**

Only \$88.00

[Click Here to Purchase the Natural Path to Happiness E-Course](#)



Natural Path to Happiness Course on CD (8 Modules all on CD) by Bonnie Snyder Only \$108.00

Same course as listed above but on a hard copy CD rather than by email. Usually \$169.00, this offer doesn't included a three-month membership in The Virtual Spa®. Also included for this holiday season, is the bonus gift of the Gossamer Wings CD. F*ree once a month group coaching for Natural Path to Happiness participants. Gift certificate and Gossamer Wings CD as pictured will ship immediately and actual class CD will be mailed the beginning of January. Holiday savings of \$71.00

[Click Here to Purchase the Natural Path to Happiness Course on CD](#)

Gift Items



Dream Bracelet and Sweet Laini's Ladies Magnet

Dream

Only \$15.99

Bracelet can be worn, hung on a purse or candle to remind young and young at heart to remember and pursue their dreams and the joy in life. **Plus** a Dream-Sweet Laini's Ladies Magnet 3"x3" -great stocking stuffer. "The future belongs to those who believe in the beauty of their dreams." ~ Eleanor Roosevelt (Bracelet regularly priced at \$14.99 + Magnet at \$4.99. Holiday Savings of \$4.00)

[Click Here to Purchase Dream Bracelet and Sweet Laini's Ladies Magnet Set](#)



Finger Labyrinth and Inner Space Cards Set

Only \$18.99

A great gift to help that special someone tap into their inner wisdom, find balance both mind and body, refocus and find answers. The 27 Create Inner Space Cards give you simple techniques to guide you to emotional and physical peace. "Walking the finger labyrinth only takes five minutes and brings a sense of calm, peace and balance to your mind, body and connect to your inner wisdom." Great destresser to use between tasks for more focus. Labyrinth in normally priced at \$11.88 + Inner Space Cards normally price at \$14.99 **Holiday Catalog Savings of \$7.00**

[Click Here to Purchase the Finger Labyrinth and Inner Space Card Set](#)



Lanini's Ladies Soy/Blend Wax Candles, Create A Sacred Home Spa CD and Alchemy Stone Gift Set.

Only \$24.99

Do you know someone who is ready for some peace and calm in their life? This gift has all the ingredients at an affordable price. Lanini's Ladies Candles in three light and lovely scents, Create A Sacred Home Spa CD full of ideas on how to nurture yourself, clean up you life and create a soothing home sanctuary and our popular Alchemy Stone that will help transform worry to calm. Candles are available in the following scents: **Seek Candle - Tropical Scent** (lime zest and sea grass) "Plunge body into the thick of Life"; **Imagine Candle - Floral Blossoms** (lavender, violet, & white musk) "See Possibility, be bold, blossom"; **Believe Candle - Night Blossoms** (jasmine, vanilla blossom, white tea). "The future belongs to those who believe in the beauty of their dreams." (Normal pricing: Candle \$16.99 + CD \$14.99 + Alchemy Stone \$5.99, a \$13 dollar holiday savings!)

[Click Here to Purchase Candle, CD and Alchemy Stone Gift Set](#)



Breathe Bracelet

A simple word and simple to do. Who do you know needs a reminder? This pewter bracelet can worn, hung on a purse or candle as a gentle reminder. Great stocking stuffer! Usually \$14.99 Holiday catalog savings of \$2.00

Only \$12.99

[Click Here to Purchase Breathe Bracelet](#)



Chatter Chix

Move over Yu-Gi-Oh, Pokémon and baseball trading cards, there's a new girl in town called Chatterchix™. Collectible cards will never be the same once girls get their hands on these glossy cards that showcase the diversity and personalities of American girl power across each of the 50 states. Who's a Chatterchix girl? The answer is, happily, any and every girl aged 5 to 12 that embodies the timeless values of respect, responsibility and friendship. Testimonial: *"We just bought our first pack of Chatter Chix cards and couldn't be happier!! In fact, we are already thinking of friends who would like these for birthday presents!! Thank you for creating such a wonderful product for girls-from a mother of 3 girls, I'm thrilled! - Colleen F.*

Move

Only \$19.99

The Starter set includes everything needed to start collecting and trading ChatterChix! Contents include: custom binder, 5 protective storage pages, flower stickers, ChatterChix tracking map and 3 packs of cards. \$19.99 Limited Exclusive Offer: Order a Starter Set and receive 3 ADDITIONAL packs of cards FREE!! That's a \$9 value! **Ships at book rate, so please allow 7 to 10 days delivery time.**

[Click Here to Purchase Chatter Chix](#)



Ask -- Believe -- Receive Pewter Tea Light

A gift for that special someone to light the way. A light for the journey. Ask, Believe, Receive. A wonderful way to remember to be open to receive. Shining, circular pewter tea light holder and candle with words on the edge of the holder. Regularly priced at \$19.99, our Holiday Catalog savings of \$5.00

Only \$14.99

[Click Here to Purchase Ask Believe Receive Tea Light](#)

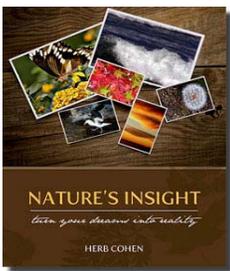


Love -- Trust -- Gratitude -- Passion -- Abundance -- Peace Pewter Tea Light

If you want to inspire or keep the flame lit for that special person on your list with a passion and gratitude for life, you will love this triangular glass tea light circled with a pewter lip with the words Love, Trust, Gratitude, Passion, Abundance, and Peace. Regularly priced at \$24.99, our Holiday Catalog savings of \$3.00

\$21.99

[Click Here to Purchase Love Trust Gratitude Tea Light](#)



Nature's Insight - Turn Your Dreams Into Reality

Give the Gift of Inspiration About Nature's Insight

About the book: Nature is more than the lakes we use for fishing and swimming, the beautiful mountain scenery we view from our passing cars, or the forests we enjoy for hiking and camping. Open your mind to the possibilities and see that nature can teach us how to live a more peaceful and rewarding life. Everyone has a purpose in life; Nature's Insight will give you a view of what you can receive from the beauty and wonder of nature. **About the author:** Herb Cohen has been a photographer for over forty years and is an expert in the field of motivation with thirty-four years of experience in operations management. In 2004, he left corporate America to create a collection of inspirational prints he entitled "Nature's Insight." Calling on his vast experience in motivational management, he created an art form that combined his techniques of inspiring others with the beauty and inspiration he found in nature.

Nature's Insight Motivational Book Only \$26.18

Nature's Insight Matted Print Only \$35.96

Nature's Insight Plaque Only \$52.18

All Prices Include Shipping

Plaque information. The High quality 13.5" x 11" green marble laminate plaque has an acrylic protective face plate secured by 4 gold decorative pins to protect the beautiful inspirational print. The back is pre-drilled for hanging. Mat information. This beautifully designed 11" x 14" mat enhances the inspirational print and can easily be placed in a frame to highlight and enhance the beauty of your home or office.

"This masterpiece brilliantly draws upon nature's wisdom and presents it in a refreshing way that uplifts, empowers, and inspires. The vivid pictures and thoughtful words help you gain insight into your own sources of inner peace and personal happiness, yielding a valuable return on your investment." Frank C. Fontana, CFA President, Banyan Asset Management, Inc.

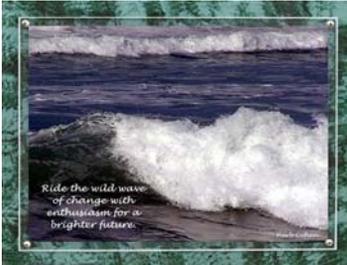
"Be At Peace" Print or Plaque: Description from the book: "It's amazing how three little words can have such a profound meaning. When you take the time to just "be," you will discover that you have the ability to achieve true peace and serenity."

"Wave of Change" Print or Plaque: Description from the book: "Ride the wild wave of change with enthusiasm for a brighter future. Dwelling on the negative of change will just add stress and frustration to your life. When you look hard enough, you will find new and exciting opportunities when change enters your life."

"Choices" Print or Plaque: Achieving your dream is determined by the choices you make. Actions turn dreams into reality. Customer feedback: *"This is my daily reminder of the really important values in my life. When I focus on these, I will be able to create a positive and rewarding life style for myself and my family."*

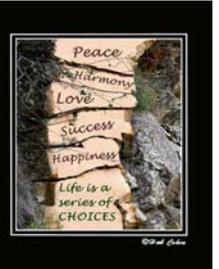


"Be At Peace" image above;
"Wave of Change" image below



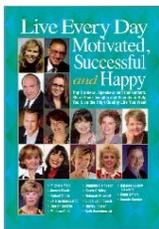
[Click Here to Purchase 11 x 14 Print](#)

[Click Here to Purchase Nature's Insight Motivational Book](#)



[Click Here to Purchase 11 x 13.5 Plaque](#)

Books



Live Every Day Motivated, Successful and Happy. This book has some simple and concrete solutions from various experts that you can easily incorporate into your daily life. The topics include: Dealing with Life Stressors: Reducing Stress, Maintaining Perspective and Finding Balance; Listening Out Loud; You Gotta Hoe to Grow: Weeding the Conflict From Your Life and Thriving on Full: Topping Up Your Life Fueled with Passion.

Only \$17.98

[Click Here to Purchase Live Every Day Motivated, Successful and Happy Book](#)

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